

Upside down drawing:

Learn to see the world like an artist. Artists learn to see people and objects as shapes and lines and this helps them draw. This drawing exercise will help you not to just see a man, but to see the shapes and lines that make him. Rules for this exercise, you must draw the man upside down. Try to clear your mind, don't look for the man, just see the shapes and try to draw them. Stay inside the empty box as you draw. Start at the top or the bottom of the picture, but continue in one direction. I promise if you do the whole drawing upside down and practice really looking at the man you will be pleased with your end results. Have fun!

